

LAKE CENTRE



for **REHAB**

FREE BALANCE SCREEN

- **HAVE YOU FALLEN RECENTLY?**
- **DO YOU HAVE A FEAR OF FALLING?**



Balance is a complicated system of motor and neuro responses and involves 6 interacting systems!

This 15 minute free screen will assess:

1. Lower extremity strength and alignment
2. Your reach ability
3. Your ability to change positions
4. Your balance recovery
5. Your spatial senses
6. Your walking speed and how you avoid obstacles

We will discuss your results and make recommendations. *(Screens are not a comprehensive physical therapy evaluation.)*

SCHEDULE YOUR FREE BALANCE SCREEN TODAY!

Call the clinic closest to you to schedule your complimentary balance screen.

(locations on the back)

Locations

Mulberry Grove

Hwy 42, Behind Walgreens
(352) 259-6942

Spanish Plains

Hwy 441, By Sharon Morse
(352) 753-6999

Lake Sumter Landing

By Winn Dixie
(352) 259-6750

Colony

CR 466-A, Prof. Plaza
(352) 330-1154

Leesburg

Hwy 441 and 3rd Street
(352) 728-6636

Highland Lakes

Highland Lakes Medical Plaza
(352) 314-9810

Mt. Dora

Hwy 441, Inside Fitness CF
(352) 383-7800

About Lake Centre for Rehab

Lake Centre for Rehab (LCR) is a leader in providing individualized physical, occupational, and speech therapy services and wellness programs. LCR's clinics are located in The Villages, Leesburg, and Mt. Dora. Family owned since 1978, our mission is simple – *Returning you to a healthy, active lifestyle!*

For More Information Contact Us:
Lake Centre for Rehab Main Office
(352) 728-6636
or find us on the web
www.golcr.com



www.facebook.com/lakecentreforrehab



LCR is a Medicare-certified rehab agency and accepts most insurances, workers' compensation, and private pay.